

**Exam COVID-19 Check-In Procedures**, Important! Please read prior to your appointment. If you have any questions, please feel free to give us a call, text or email us.

At appointment scheduling if you have traveled *outside of the United States or areas with high COVID-19 risk* we ask that you schedule your appointment *2 weeks after* you have returned regardless of vaccination status.

**Contact us IMMEDIATELY if**

In the last 7 days have you experienced any of these new or worsening symptoms?

- Fever of 100.0 or higher
- Chills
- Cough
- Shortness of breath
- Loss of taste or smell
- Body aches
- Sore throat
- Diarrhea
- Vomiting
- Nasal congestion or runny nose

In the last 14 days

- Have you been diagnosed with or had a positive COVID-19 lab test?
- Have you been in close contact with someone who has been diagnosed with COVID-19?

**Day before your appointment checklist**

- Completed your online welcome form
- Completed your online medical form including any medications being taken.
  - If not completing forms online please let us know you are bringing a paper copy, see website for forms
- A comprehensive eye exam includes a dilated retinal exam. The drops have side effects that can last 4-6 hours. Sunglasses will help with a majority of the side effects. For some patients reading up close will be difficult in the following hours.

**Day of your appointment, Please arrive on time.**

- Bring any eyeglasses you are using. Contact lens wearers should have lenses on for at **least 3 hrs prior** to the appointment.
- Don't forget your mask. **All patients are required to wear a mask at all times.**
- **When you arrive, stay in your car and call.** If you do not have a vehicle, please stand by our window sign to allow other patients to exit.

**Inside the office what to expect:**

- We continue to limit capacity within the office. Please come alone to your appointment. For appointments for minors one guardian can accompany the child.
- Our optical is open and you can try on glasses. We sanitize the frames between appointments. We also have a virtual gallery. Message a team member for more information.

THANK YOU FOR HELPING  
KEEP OUR CLINIC A SAFE SPACE.